

Rehab Group

The Rehab Group is an independent not-for-profit organisation working for social and economic inclusion among people with disabilities and others who are marginalised.

Each year more than 60,000 people access our training, employment, social care and commercial services in the Group's network of some 200 centres across Ireland and the UK.

In Ireland services are co-ordinated by the National Learning Network (formerly NTDI), RehabCare and Gandon Enterprises. UK activities are operated by TBGLearning, Momentum, Rehab UK and the Chaseley Trust.

In addition to championing the abilities of our clients through services that are effective and progressive, the Rehab Group is a leading campaigner for reforms to remove the barriers preventing equal opportunities, particularly for people with disabilities.

Join Rehab's exhilarating adventure down under

taking in Northern Territory & Western
Australia and Singapore

Rehab

Investing in People, Changing Perspectives

Roslyn Park, Sandymount, Dublin 4. Tel: (01) 205 7200



Rehab

Investing in People, Changing Perspectives

Explore the wonders Down Under in a unique experience as Rehab journeys into the breath-taking Northern Territory and Western Australia in mid November 2008.

Australia has just about everything, majestic landscapes, a glorious climate, cosmopolitan cities and a host of attractions to entertain the visitor. Join Rehab for the trip of a lifetime and, in the process, help benefit disadvantaged people in your local community.

Covering the Northern Territory and Western Australia, the 14-day trek will be a wonderful trip, encompassing the diverse cities of Darwin, Perth and Fremantle, the historic town of Alice Springs and the legendary sites of Australia's fabled Outback.

The adventure begins in beautiful Darwin, the tropical capital of the north. In this multicultural city, the elegance of a bygone age is preserved in the historic Old Darwin Town House, the Old Police Station and Courthouse, and Lyons Cottage. A short drive away at Mindil Beach, visitors can peruse the weekend open-air market and enjoy the street theatre, poets, musicians and artists.

In Alice Springs, an oasis in the heart of a vast red desert, walkers can take in the dazzling views of the town from Anzac Hill or visit The Museum of Central Australia. The town also boasts the best collection of rare Aboriginal artefacts in Australia at the Strehlow Research Centre, and the wonderland of Todd Mall, where everything from second-hand books to local opals and organic liquorice is on sale.

The trek will take in some spectacular natural sights including the unique scenery of Kings Canyon in Watarrka National Park where participants will wonder at the stunning gorges, rugged ranges and rock-holes. Ancient sandstone walls, rising up 100m to a plateau of rocky domes, act as a refuge for many plants and animals, making the park a significant conservation area. It is home to many water holes and areas of lush vegetation, which contain more than 600 plant species, 100 bird species, and 60 species of reptiles.

The highlight of the trip will be a visit to Australia's most famous natural landmark, Ayers Rock (Uluru). An outstanding natural phenomenon, it is the world's largest monolith.

Visitors will enjoy a magnificent sunrise and sunset at this Aboriginal sacred site, whose colours vary from bright red to dark grey or black during sunny or rainy days respectively. A change of pace will bring walkers to the bustling city of Perth, Western Australia's state capital.

The city has something for everyone from the shopping haven of Sorrento Quay and the charming Hilary's Boat Harbour to the tranquil and scenic Kings Park and the picturesque Cottesloe Beach, dusted with white fine sands. For the more adventurous, Burswood Resort with its 24-hour casino, restaurants, bars, world-class golf course, day spa, swimming pools and theatre will satisfy all entertainment needs.

The final stop on the journey is Fremantle, a vibrant city on the edge of the Indian Ocean. Home to the Victorian Fremantle Prison and the spectacular Maritime Museum, Fremantle is one of Australia's most historic locations. Participants can explore the seafood markets, restaurants, food stalls and the boutique brewery in Fremantle Fishing Boat Harbour or simply watch the world go by from the Cappuccino Strip.

The last leg of this magnificent trip takes us to magical Singapore, the shopping capital of the world, everything you could possibly desire can be found here.

If sightseeing and adventure is what you are looking for – look no further, Singapore zoo and night safari is a must, beautiful Sentosa Island with its magnificent beaches, China Town, Little India, Clarke's quay, and not forgetting world famous Raffles for your Singapore Sling!

So come along with us and enjoy the Trip of a Lifetime while helping us to provide the very best courses and facilities for people with disabilities in your area.

The Rehab Walking Tour of the Northern Territory and Western Australia will take place in mid November 2008. A €500 non refundable deposit will secure your place on this trip. The sponsorship includes: Accommodation, some lunches & dinners and entrance in to most attractions To join Rehab on this exciting trip of a lifetime, please contact Joan Conlon 0876781989 or visit www.rehab.ie for more details.

