

# Grist to the Miller – Rugby



*Pictured:* Eric Miller with reigning Miss Ireland, Bláthnaid McKenna, who herself took part in the Flora Women's mini marathon on behalf of Rehab on 2 June.

# Star Lines Out for Rehab

**Eric Miller** is to represent Rehab in one of Ireland's biggest sporting events this year – the Lifestyle Sports Adidas Dublin City Marathon.

**T**HE FORMER IRELAND AND LEINSTER STAR will undertake the challenge this October. Since retiring from professional rugby, Miller has established his own personal training business and sees representing Rehab in the Dublin City Marathon as an opportunity to challenge himself while supporting one of Ireland's leading charitable organisations.

Speaking to *Rehab News* about his decision to run for Rehab, he says, "Running a marathon is a major personal challenge but it's made easier by the fact that by representing Rehab there will be a very worthy beneficiary and I hope to do them proud come race day in October!"

Commenting on the announcement, Angela Kerins, Rehab's Chief Executive, said, "We are thrilled that Eric has agreed to fly the flag for Rehab and are delighted to have him as an ambassador for our organisation. We wish him the very best of luck in his preparations for the event and will be supporting him all the way to the finish line."

Further information and updates on Eric Miller's preparations and fundraising initiatives can be found on the Running for Rehab page of the Rehab website or by calling 00353 1 205 7200. ■

Please make a donation – support Eric, visit [www.mycharity.ie/events/ericmiller](http://www.mycharity.ie/events/ericmiller)

## Did you know?

- The Lifestyle Sports Adidas Dublin City Marathon was first run in 1980 by 2,100 competitors.
- Over 11,000 competitors are expected to race in the 29th event this year.
- In 2007, it was won by Russian Aleksey Sokolov who finished the race in a record time of 2:09:07.
- The word "marathon" derives from the fabled run of a Greek soldier, a messenger from the Battle of Marathon.
- The marathon was one of the original Olympic events in 1896.
- The official distance of 42.195 kilometers (26 miles 385 yards) wasn't standardised until 1921.
- More than 800 marathons are contested throughout the world every year.
- The world record time for men is 2:04:26 set in the Berlin Marathon by Haile Gebrselassie of Ethiopia on 30 September 2007.
- The world record for women is 2:15:25 set in the London Marathon by Paula Radcliffe of the United Kingdom on 13 April 2003.

*Pictured:* Eric Miller who will run for Rehab in the Dublin City Marathon in October.

